

Restore, Rekindle, Renew Enrichment – Session II

MISSION POSSIBLE: PDA

PRAY- STEP 2: Pray the Lord's Prayer together (Matthew 6:9-13), holding hands, sitting side by side.

And try this: Husband Reads Aloud:

“For it was you who formed my inmost parts; you knit me together in my mother's womb. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; that I know very well.”
Psalm 139:13-14 (From the NRSV)

And then, Wife Prays Aloud:

Dear Lord, we come to you and we thank you for the love we have for one another. We thank you for creating us in your image and that we are fearfully and wonderfully made. Help us to continue to mature into the persons you created us to be. Heavenly Father, help us to make the right decisions and to choose words and actions that will give you glory and bring joy to our marriage relationship. Father, we ask you to give us the courage and desire to change what we need to change to positively affect our relationship. Lord, thank you for the time that we have had at the Marriage Encounter Enrichment. Help us, be with us, and lift us up as we strive to daily dialogue and work on our relationship. In Jesus' name we pray, Amen.

DIALOGUE – more choices . . .

What was my “A-ha!” moment at this week's session? HDIFAT?

What behavior do I want to change for the sake of our relationship? HDIFSTWY?

What is something new I discovered about you or about myself this week because of our dialogue? HDIFAMA?

ACT – Schedule a free date at home this week. Agree on what, when and where, and make sure it's distraction-free. Some ideas: picnic on the living room floor, read poetry to each other by candlelight, sit on your porch or by the fire discuss your hopes and dreams for your marriage, put a puzzle together, etc. The only essential ingredient is that you enjoy each other's company!

BRING ONE OF YOUR WEDDING PHOTOS TO SHOW NEXT SESSION!

*Your mission, should you choose to accept it,
is to develop Couple **P**ayer if you haven't already,*

share your feelings with each other

*through daily **D**ialogue,*

*and to put romance into **A**ction.*

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Please use this paper throughout the next week (it will not self-destruct).

Blessings to you!

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Worldwide Marriage Encounter